

# **PSYCHOANALYTIC RESOURCES IN NORTH CAROLINA**

## **(Revised February 2007)**

### **A guide from the North Carolina Psychoanalytic Foundation**

#### **PSYCHOANALYSIS IN NORTH CAROLINA**

North Carolina, particularly the Triangle area, is rich in psychoanalytic resources, with programs ranging from free lectures to short courses and full psychoanalytic training.

Mental health professionals and trainees use these programs to deepen their skills in intensive psychotherapy or psychoanalysis and to supplement their formal professional education. Others who are not mental health professionals also find a variety of programs or short courses valuable as a way to expanding their understanding of human behavior and creative forces.

We invite you to call for information or to visit our websites. You will find the members of the North Carolina psychoanalytic community to be friendly and accessible.

To receive notices of upcoming programs, write to [info@ncpsychoanalysis.org](mailto:info@ncpsychoanalysis.org), or call (919) 847-2323 and ask to be added to the psychoanalytic mailing list.

#### **PSYCHOANALYTIC TRAINING PROGRAMS**

##### **Psychoanalytic Psychotherapy Study Center of North Carolina (PPSC)**

The PPSC, a division of the North Carolina Psychoanalytic Society, provides introductory-level (one year), advanced-level (two year) training programs in psychoanalytic psychotherapy, as well as a course in child and adolescent therapy. The one-year introductory course is open to members of the general public as well as to mental health professionals and trainees who want to deepen their understanding of basic psychoanalytic concepts. The two-year advanced curriculum is open to mental health professionals and trainees.

For information call **(877) 897-4034** or visit [www.ppscnc.com](http://www.ppscnc.com).

##### **Psychoanalytic Institute of the Carolinas (The Institute)**

An accredited training program of the American Psychoanalytic Association, the Institute offers full clinical training in adult, adolescent and child psychoanalysis to selected mental health professionals. The training program has several paths and opportunities for personal and professional growth. Call the phone number below so that one of the program educators can contact you and talk about this program.

For information call **(919) 490-3212** or visit [www.ncanalysis.org/home\\_psychoanalytic\\_institute\\_of\\_the\\_carolinas.htm](http://www.ncanalysis.org/home_psychoanalytic_institute_of_the_carolinas.htm).

## MEMBERSHIP ORGANIZATIONS

### **North Carolina Psychoanalytic Foundation (NCPF)**

The North Carolina Psychoanalytic Foundation strives to create a more resilient community by understanding and responding to human suffering and disability. In carrying out its mission, the NCPF focuses the strengths of the psychoanalytic community in addressing critical needs of North Carolinians. Membership is open to all people, lay and professional, who share an interest in psychoanalytic perspectives.

For information call **(919) 847-2323** or visit [www.ncpsychoanalysis.org](http://www.ncpsychoanalysis.org).

### **North Carolina Psychoanalytic Society**

Affiliated with the American Psychoanalytic Association, the Society's members are psychoanalysts, qualified psychoanalytic psychotherapists, full time students in the two training programs, and academicians with a knowledge and interest in psychoanalytic ideas. (Please visit the Society web site for full details on membership categories and requirements.) The Society offers scientific meetings, usually held on Saturday mornings at the Lucy Daniels Foundation. These clinically relevant presentations are open to all mental health professionals and other interested individuals. The Society also sponsors psychoanalytic discussions of PlayMakers Repertory Company productions. For information call **(877) 572-6778** or visit [www.ncpsasoc.org](http://www.ncpsasoc.org).

### **The North Carolina Chapter of the National Membership Committee on Psychoanalysis in Clinical Social Work (NMCOP)**

The NMCOP, affiliated with the Clinical Social Work Federation, provides an organizational home for social workers engaged in psychoanalytically informed practice. The Committee on Psychoanalysis offers several workshops each year as well as clinical presentations for students at the UNC School of Social Work.

For information call **(919) 990-1227** or visit [www.nmcop.org](http://www.nmcop.org).

## CONSULTATION, REFERRAL AND TREATMENT SERVICES

### **The Psychoanalytic Referral Service**

Providing free and confidential consultations, the referral service is sponsored by the Psychoanalytic Institute of the Carolinas. Individuals seeking therapy for themselves or their children may request a private telephone or office session to discuss their needs and options for treatment in the community. When psychoanalysis is recommended to a person who cannot bear the full cost, a reduced fee can sometimes be arranged.

To learn more or to arrange a consultation, call **(919) 685-1956**. You can also visit the **Find a Therapist** section at [www.ncpsasoc.org](http://www.ncpsasoc.org).

### **Lucy Daniels Center for Early Childhood (LDCEC)**

The LDCEC provides a comprehensive evaluation and counseling service for parents and children age 11 and younger, with a special emphasis on children under age 6. The LDCEC offers pre-school programs for typically developing children as well as for children at risk for social and

emotional difficulties. A series of talks on parenting and child development is offered for parents and childcare workers. The LDCEC is an accredited school and a training site for student professionals. A clinical outpatient program is also available for evaluation and treatment of children and their families.

For information call **(919) 677-1400** or visit [www.lucydanielscenter.org](http://www.lucydanielscenter.org).

## **CREATIVITY, GRANTS AND FELLOWSHIPS**

### **Lucy Daniels Foundation (LDF)**

Thanks to collaboration with Emory University, LDF is moving beyond its psychoanalytic treatment-research commitment to an intensified focus on the interaction of creativity and unconscious processes in life and art. This broader community emphasis will continue educational events pairing art and psychoanalysis and seminars like Dr. Daniels' "*Our Problems As The Roots Of Our Power*", while increasing support of the Lucy Daniels Center for Early Childhood.

For information call **(919) 677-9888** or visit [www.ldf.org](http://www.ldf.org).

### **Fellowship Program of the American Psychoanalytic Association**

The Fellowship Program seeks outstanding psychiatrists, psychologists, and social workers at various levels of training, as well as scholars and community leaders, who wish to expand their knowledge of psychoanalysis. All applicants receive a psychoanalyst mentor with whom they meet to discuss their interest in psychoanalysis, a free subscription to the newsletter of the Association, and complimentary registration at annual meetings of the Association.

For information call **(212) 752-0450, ext. 20** or visit [www.apsa.org](http://www.apsa.org).