

The North Carolina Psychoanalytic Foundation presents

Fifth Annual Public Lecture Series

Judith Viorst

Author of *New York Times* bestseller *Necessary Losses*

and the children's classic

Alexander and the Terrible, Horrible, No Good, Very Bad Day

Speaking on **Parenting Our Children & Grown-Up Marriage**

Saturday, March 4, 2006

The UNC Friday Center, Chapel Hill, North Carolina

Parenting our Children 11:00am–1:00pm

Grown-Up Marriage 3:00–5:00pm

Distinguished Speaker Judith Viorst

The North Carolina Psychoanalytic Foundation is pleased to present Judith Viorst, celebrated author of sixteen books for children, seven volumes of poetry, and several popular non-fiction works including *Necessary Losses*, *Imperfect Control*, and *Grown-Up Marriage*. Drawing from her experiences as a mother and wife and from her training at the Washington Psychoanalytic Institute, Judith Viorst speaks with charm, clarity and wit about the joys and woes of family life.

Parenting our Children from Newborn to Thirty Years Old and Beyond 11:00am–1:00pm

Judith Viorst will lead us on a funny and touching trip through all the stages of parenthood—the joys, messes, aggravations and heartbreaks, the breaking away, the passionate pride and the guilt, the way our children transform our lives and the shocking realization that there's no such thing as a *retired* parent.

The Parenting talk will be followed by a discussion on *Talking to Kids About Sex* with psychoanalysts Paul Brinich, PhD; Heather Craige, MSW; Harold Kudler, MD; Donald Rosenblitt, MD; and Judith Viorst.

Grown-Up Marriage 3:00–5:00pm

Based on her 2003 book, Judith Viorst will deliver a wise and humorous look at marriage from "I do" to "til death do us part." It will deal with the shocks of married life; the arrival of kids; married sex; fighting and apologies; divorce and remarriage; growing older together; and the boredom and the bliss, the highs and the lows of ordinary everyday married life.

After Ms. Viorst's Marriage talk, a panel including Christine Erskine, MSW; Rebecca Goz, PhD; Harold Kudler, MD; William Meyer, MSW; and Judith Viorst will explore how to understand and talk like a grown-up about *Disappointment and Anger in the Ordinary Good-Enough Marriage*.

Book Sale and Signing

Judith Viorst will be available following each program to sign copies of her books, which will be on sale in the lobby.

Lecture Tickets

Single lecture \$20 by **February 24**; \$25 at the door. Both lectures \$35 by **February 24**; \$45 at the door. Tickets will be held at the registration desk.

Target Audience

These programs are open to the general public and to professionals who work with children, parents and couples, including mental health professionals, family doctors, pediatricians, teachers and clergy. Formal CE/CME credit will not be offered; letters of attendance will be provided.

Donor Reception

For an additional \$100 tax-deductible contribution per person, join Judith Viorst for a private reception at the Weathervane Restaurant of A Southern Season in Chapel Hill from 5:30 to 7:00pm on Saturday evening following the programs. Proceeds will support the Foundation's community outreach efforts and future public lectures. Please reserve your reception tickets by **February 24**.

Directions

The Friday Center is located approximately three miles east of the UNC-Chapel Hill campus, on the south side of Highway 54. The Center is near Interstate 40 (from Raleigh, I-40 exit 273A; from Greensboro, I-40 exit 273). For map, visit www.fridaycenter.unc.edu.

Information

Visit www.ncpsychoanalysis.org for lecture information and printable registration form. Contact the NCPF at info@ncpsychoanalysis.org or (919) 847-2323.

Related Short Courses

The NC Psychoanalytic Society will offer *Divorce and Re-Marriage* (open to the general public) and *The Father in Contemporary Psychoanalysis* (open to mental health professionals and trainees). For more information, visit www.ncpsasoc.org or call (877) 572-6778.

Sponsors

The Carroll Butts Heins Endowment at the UNC School of Social Work

Lucy Daniels Foundation

PLEASE POST

Parenting Our Children & Grown-Up Marriage

Please print clearly

Tickets

- ____ Lecture on Parenting (11am–1pm): \$20
____ Lecture on Marriage (3–5pm): \$20
____ Both Lectures, Parenting & Marriage: \$35
____ Donor Reception (tax-deductible): \$100
____ TOTAL

Deadline

To guarantee space, registration must be received by **February 24, 2006**. To check space availability after deadline, call (919) 847-2323. Tickets will be held at the registration desk.

Please return this form with payment to:

North Carolina Psychoanalytic Foundation
7474 Creedmoor Road, #107
Raleigh, NC 27613

Name: _____ Degree: _____
Address: _____
City: _____ State: _____ Zip: _____
Email: _____
Telephone: _____
Occupation: _____

Form of Payment

Enclosed Check payable to NC Psychoanalytic Foundation
 Credit Card Visa MasterCard Exp. Date: _____
Account Number: _____
Name (as it appears on card): _____
Zip Code (for credit card billing address): _____
Signature: _____

www.ncpsychoanalysis.org

The North Carolina Psychoanalytic Foundation
presents

**Parenting Our Children
and
Grown-Up Marriage**

Distinguished Speaker
Judith Viorst

Saturday, March 4, 2006
The Friday Center, UNC Chapel Hill

www.ncpsychoanalysis.org

The North Carolina Psychoanalytic Foundation presents

Judith Viorst
on
Parenting Our Children & Grown-Up Marriage

Fifth Annual Public Lecture Series (open to the general public)

Saturday, March 4, 2006 The UNC Friday Center, Chapel Hill, NC



Milton Viorst

Judith Viorst is the best-selling author of *Necessary Losses* and sixteen children's books, including the classic *Alexander and the Terrible, Horrible, No Good, Very Bad Day*. In two lectures open to the general public, she will speak with honesty, humanity and humor about the joys and sorrows of **Parenting our Children from Newborn to Thirty Years Old and Beyond**, and about **Grown-Up Marriage**—what we know, wish we had known, and still need to know about being married.

"One advantage of marriage is that, when you fall out of love with him or he falls out of love with you, it keeps you together until you fall in again." —Judith Viorst

Space is Limited Register Early

Tickets will be held at the Registration Desk

Return this form with payment by **February 24, 2006**

to:

North Carolina Psychoanalytic Foundation
7474 Creedmoor Road, #107
Raleigh, NC 27613

Please make checks payable to:

North Carolina Psychoanalytic Foundation

PLEASE POST OR SHARE WITH A FRIEND