

PPSC/NC CONGRATULATES STUDENTS, ANNOUNCES TWO NEW PROGRAMS

In May 2005 the Psychoanalytic Psychotherapy Study Center of NC (PPSC/NC) proudly congratulated its **Advanced Curriculum (AC)** class students—Katherine Broadway, Anne Coleman, Pat DeBoer, Martha Harbor, Natalie Peacock, Margaret Seagroves, and Donna Stanley—as they completed their two years of coursework. Applications are still being accepted for our next AC class beginning Fall 2005.

The **Advanced Curriculum** is a two year program of weekly courses, supervision and personal therapy that welcomes applicants from mental health disciplines who are licensed in their fields. The faculty of the AC, both psychoanalysts and psychoanalytic psychotherapists representing various disciplines, expose students to the controversies, ferment, and growth that characterize contemporary psychoanalysis. The most recent group of students was so inspired that they requested an additional year of class. In response, Rebecca Goz, PhD, coordinator of the AC Curricula, has developed the **AC Extension Class** for the academic year 2005–2006, which she will also teach. This 12 session class, focusing on Transference and Countertransference, will be limited to eight students who are either current or previous AC students.



The PPSC-AC students smile on the completion of their last class (l to r): Anne Coleman, LCSW; Martha Harbour, LCSW; Natalie Peacock, LCSW; Katherine Broadway, LPC; Donna Stanley, LCSW; Margaret Seagroves, LCSW and Pat Deboer, LCSW.

In Fall 2005, the PPSC/NC will again offer its year-long **Introductory Course in Psychoanalytic Psychotherapy** for mental health professionals, trainees and others, including teachers, lawyers, parents, pastors and journalists, who would like a solid grounding in psychoanalytic concepts. Taught by award-winning teachers Bill Meyer, MSW, and Harold Kudler, MD, the most recent class included Jill Dunn, Sandra Gleich, Renee Halberg, Julie

Hovrud, Kathy Likens, Susan Boker-Nadas, Catherine Neville and Georgia Sgouros.

Completely new in 2005 is a one-year program in **Psychoanalytic Psychotherapy Theory and Technique With Children, Adolescents and Their Parents**. Taught by child/adolescent psychoanalysts, twice monthly classes from September 2005–May 2006 will focus on parent work, development and technique when

working with young children, latency age children, preadolescents and adolescents.

The PPSC/NC is accepting applications for all programs until August 20, 2005. For more information please visit the website at www.ppscnc.com or contact Margaret E. Wilner, MSW, LCSW, Chair, PPSC/NC Steering Committee, at (919) 493-6183 or by email at mewilner@verizon.net.

MARK YOUR CALENDAR: PSYCHOANALYSTS SPEAK IN THE TRIANGLE AREA OF NC

On Saturday, September 17, 2005, Dr. Barbara Berger from Chicago will speak on treating couples using a psychodynamic perspective. Her workshop is titled, **Just Who Do You Think You Are Talking To? The Subject of Objects in the Treatment of Couples**. Sponsored by the NC Committee on Psychoanalysis in Social Work with support from the NC Psychoanalytic Society, this event will be held from 9–11am at the UNC School of Social Work.

New this year, and replacing the Friday night scientific meeting series, the NC Psychoanalytic Society is presenting two longer programs for mental health professionals. On Saturday, October 15, 2005, Dr. Anton Kris will speak on **Learning and Unlearning in Psychoanalysis** at the Lucy Daniels Center. Dr. Ethel Spector Person will speak on forgiveness on **May 6, 2006**.

Free and open to the public, **Mind Play** post-theater
continued on page 3

giving



"I give to the NCPF because psychoanalysis has helped me alter the course of my life in deep and abiding ways. I want to help ensure that this unique form of treatment is more widely taught and made available for others."

—Terrie Baker, MSW

NCPF Board of Directors, Chair of Outreach to Mental Health Professionals

psychoanalysis in the Carolinas

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MEET SARAH STIEGLER, MS.ED.

NCPF Administrator Bringing Organizational Skills to NC Psychoanalytic Society, PPSC



Members and friends of the NC Psychoanalytic Foundation (NCPF) know her name, her email address (info@ncpsychoanalysis.org) and maybe even her voice. As the NCPF Administrator, Sarah Stiegler, MS.Ed., keeps the Foundation running smoothly, efficiently, seamlessly. Now members of the NC Psychoanalytic Society and students and faculty of the Psychoanalytic Psychotherapy Studies Center are also benefit-

ing from Sarah's organizational and administrative expertise.

In her role as NC Psychoanalytic Foundation Administrator, Sarah handles bookkeeping, member services, and coordinates volunteers for Foundation community education programs like the Annual Public Lecture and Ages & Stages. She also fields many inquiries from the community about psychoanalytic resources and helps disseminate information about psychoanalytic educational programs through the NCPF email lists, website, calendar of events and newsletter. Membership in the NCPF is open to all people who want to ensure that psychoanalysis is always taught and practiced in NC. Sarah's professional skills and friendly demeanor have been essential to building a strong membership organization.

In April, the NC Psychoanalytic Society hired Sarah to serve as its Administrator as well, handling the Society's day-to-day operations, organizing scientific meetings and serving its professional membership of psychoanalysts and qualified psychoanalytic psychotherapists. The Society offers an annual series of scientific meetings, clinically relevant presentations that are open to all mental health professionals and trainees. Sarah has also added responsibilities with the PPSC/NC (see page 1).

Sarah grew up in Rochester, NY, and graduated from the State University of New York at Oswego with a B.S. in Elementary Education and a minor in psychology and art. She earned her MS.Ed. from the University of Rochester with a specialty in Computers in Education. She is experienced in program development, implementation and management, as well as grantwriting and budgeting. Sarah moved to North Carolina in 1994 with her husband, Larry, and their four children.

The 2005–2006 Calendar of Psychoanalytic Events will be posted on the NCPF website in September.

www.ncpsychoanalysis.org

AMERICAN PSYCHOANALYTIC ASSOCIATION HONORS WILLIAM S. MEYER, LCSW, BCD With the Edith Sabshin Award for Teaching Psychoanalytic Concepts



William S. Meyer, LCSW, BCD, was awarded the 2005 Edith Sabshin Award from the American Psychoanalytic Association for Excellence in the Teaching of Non-Candidate Students. An Associate Clinical Professor in the Departments of Psy-

chiatry and Obstetrics/Gynecology at Duke University Medical Center, he is the Director of Training for the Duke University Department of Social Work. He has been a leader in psychoanalytic education, responsible for the professional development of psychiatry residents and social work students, and inspiring numerous students to further their psychoanalytic understanding by co-teaching the PPSC Introductory Course for the past ten years. He has supervised psychiatry residents and led a third-year treatment team for over twenty years.

Bill commented on his award, "I thoroughly enjoy teaching as it gives me a chance to meet and learn from such interesting people. It provides me with the opportunity to pass along some of the wisdom that I've received from my mentors and other creative psychoanalytic writers and clinicians. With social work interns, a key aim for me is to demonstrate to them that regardless of the external stresses in a client's life, that person also has a powerful inner life inextricably linked with the client's past and developmental history. In my work with psychiatry residents, given how biological the field has become, I especially strive to help them see that there is far more similarity than difference between them and their patients. Regardless of who I am teaching, I try to convey that the treatment relationship is most important of all."

Mark Your Calendars (continued from page 1)

discussions follow PlayMakers performances in the Paul Green Theater, Chapel Hill. On **Saturday night, October 22, 2005, and Sunday afternoon, October 23, 2005, Dr. Peter Perault** of Chapel Hill will explore *The Front Page*. On **Sunday afternoon, December 4, 2005** another local psychoanalyst will discuss *A String of Pearls*. These interactive post-play discussions which focus on character, emotional interactions, and audience responses, are hosted by PlayMakers Repertory Company and sponsored by the NC Psychoanalytic Society and the Lucy Daniels Foundation.

In the Duke High Risk Obstetrics Clinic, Bill and three social work interns provide casework services for 120 Medicaid patients per week. For 18 years, he has organized a colloquium on health and mental health, including a series on infant and human development. He is co-Chair for the NC Chapter of the Committee on Psychoanalysis in Clinical Social Work. Nationally, he is Secretary for the National Academies of Practice, a past-president of the National Membership Committee on Psychoanalysis in Clinical Social Work, and member of the Editorial Board of the Clinical Social Work Journal. He has also written and published extensively. Bill adds the Sabshin Award to many others including the 1998 NC Society of Clinical Social Work "Social Worker of the Year Award", 1999 "Heart of Social Work Award" given by the North American Field Educators and Directors of the Council on Social Work Education. "Bill Meyer is an outstanding teacher and an exemplary role model for psychoanalytic clinicians," said Dr. Lida Jeck, who nominated him for the Sabshin Award.

SONYA SUTTON WINS JOURNALISM AWARD

Psychology of Obesity and Weight Loss Among Teens

Sonya Sutton won the 2004-2005 North Carolina Psychoanalytic Foundation Award in Medical Journalism. Given annually to a student of medical journalism at the UNC-CH School of Journalism and Mass Communication, the award recognizes and encourages outstanding journalism that promotes mental health and contributes to the understanding of psychoanalysis among the general public. Her project on psychological factors in obesity and weight loss among adolescent girls was selected by James Weiss, MD, who serves as NCPF Journalism Award Chair, in concert with Dr. Tom Linden, Medical Journalism Program Director at the UNC-CH School of Journalism. The award includes a \$1,000 scholarship and the opportunity to attend the PPSC Introductory Course. In May, Sonya Sutton completed the UNC-Chapel Hill Masters Program in Medical Journalism. She is currently the Project Director for a UNC project to write website content and develop a marketing campaign for tobacco prevention initiatives targeted to North Carolina youth.



Creative Ways to Support Psychoanalysis in Your Community

Are you looking for new and creative ways to support the North Carolina psychoanalytic community? Here are just a few ideas to consider. For more information contact Sarah Stiegler at the NC Psychoanalytic Foundation by phone (919) 847-2323 or email info@ncpsychoanalysis.org.

Attend an Event

Check out the comprehensive calendar of events at the NCPF website at www.ncpsychoanalysis.org. In the past year alone, program offerings covered issues as diverse as eating disorders, adoption, surviving trauma, creativity and parenting.

Celebrate a Life, Honor a Friend

Honor or memorialize a teacher, mentor, colleague, friend or family member in a meaningful way by making a gift in their name to the NC Psychoanalytic Foundation.

Each Member Can Reach a Member

Join your voice with others in promoting mental health and ensuring a strong and vibrant future for psychoanalytic treatment in our community by joining the NC Psychoanalytic Foundation. Already an NCPF member? Then consider reaching out to a friend or colleague and inviting them to join our growing network of members and supporters.

Exercise Your Willpower and Leave a Legacy

Invest in the future of psychoanalysis in North Carolina by naming the NCPF as a beneficiary through your will, a retirement account, or a charitable trust that provides you and your spouse income for life. A powerful and tax-smart way to make a difference!

5 for 5

NCPF board member Bill Jackson has promised to donate \$5,000 per year for 5 years if we can identify 5 other people who will do the same. These capacity building gifts will be the building blocks to the future.

Invite a Guest Speaker to Your Next Event

The NCPF Speakers Bureau offers speakers on topics related to human development and emotional health, free of charge, to schools, civic clubs, retirement communities, places of worship and professional organizations.

Dollars for Scholars

Your gift of \$1,000 will cover a semester of tuition for a student in the PPSC. Your gift of \$2,000 will cover one year of tuition for a student in the Institute. Your gift of \$25,000 or more will create a named endowment that will fund an annual scholarship for a student in the PPSC or Institute.

Volunteer Your Time

The NCPF is immensely grateful for its capable, caring volunteers. We can always use more help if you're interested in serving on a committee, assisting with membership and fundraising drives, promoting the public lecture or helping with other special events.

Psychoanalytic Referral Service

For Free Confidential Consultation and Referral for Psychotherapy or Psychoanalysis, Call (919) 685-1956
A service of the UNC-Duke Psychoanalytic Education Program

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