

## Our Mission

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The mission of the North Carolina Psychoanalytic Foundation is to help individuals and our community understand and alleviate problems that lead to emotional suffering and disability and to enhance their capacity for personal development and improved community functioning.

## Our Board

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David A. Smith, MD *Chair*

Harold Kudler, MD *Past Chair*

Carroll Heins, MSW *Secretary*

David Neter, MBA *Treasurer*

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Building bridges in service  
to the community.

Advocating for access to  
mental health care and  
psychotherapy in North  
Carolina.

Mobilizing resources to  
support psychoanalytic  
programs, education and  
training.

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**Creating a more resilient community**



## About NCPF

Six visionary individuals established the North Carolina Psychoanalytic Foundation in 1995 as a 501(c)(3) charitable organization *to advance psychoanalytic understanding of human mental life and behavior through education and service.*

Our organization and our mission have evolved since those early days, but we remain committed to our roots.

The NCPF is led by a multidisciplinary board of directors and is supported by a growing cadre of members, donors and volunteers who make all we do possible. Membership is open to everyone who shares an interest in psychoanalytic perspectives and wishes to support the Foundation's work.

The NCPF is committed to ensuring that psychoanalytic education and treatment will be available to future generations of North Carolinians and is building a network of psychoanalytic organizations and the major mental health disciplines in order to promote psychoanalytic education among mental health professionals.

For more information, please visit:

[www.ncpsychoanalysis.org](http://www.ncpsychoanalysis.org)

## NCPF Initiatives

The NCPF offer programs for the general public, teachers, students, mental health professionals, advocates and consumers. NCPF is reaching out to the community through these programs:

**The Peaceful Schools Project** employs psychoanalytic ideas to reduce bullying and other barriers to learning. The NCPF is implementing pilot programs with partners in Hillsborough and Durham.

On May 9, 2009 Peter Fonagy, PhD, FBA will re-visit the Triangle with his associates to train mental health professionals, school administrators, teachers and community leaders in the researched based methods to address bullying in our community.

**The Open Minds Clinic** for free, low and reduced fee psychoanalytic psychotherapy. Through the Open Minds Clinic, the NCPF is working with the Orange County Rape Crisis Center to help recruit therapists to provide counseling services to some of its clients.

**Community-Based Support for Military Families** – Outreach to our state's military families using Sesame Street Workshop's *Talk, Listen, Connect* programs to spark informed and helpful discussions of the challenges encountered in the deployment cycle.

The NCPF also sponsors a Psychoanalytic Speakers Bureau, a Prize in Journalism, an Annual Public Lecture and other programs that apply psychoanalytic ideas and perspectives to real issues and problems of importance to the community, and that promote better understanding of psychoanalytic therapies.

## Supporting NCPF

The North Carolina Psychoanalytic Foundation, Inc. is a 501(c)(3) public charity that strives to create a more resilient community by focusing the strengths of psychoanalytic ideas and applying them to the critical needs of North Carolinians. The Foundation relies on membership dues and tax-deductible donations for 75% of its program and operating expenses. Giving is a way to secure the future for psychoanalytic education and practice in our state.

### Ways you can show your support.

- Donate your used books at the Book Shop in Chapel Hill and direct the proceeds to the NCPF.
- Volunteer your time and talents in our Raleigh Office.
- Join the Friends of NCPF. Become a member.
- Join the 12/12 club! Make a multiyear pledge that will be matched by NCPF Board Member and Benefactor Bill Jackson.
- Volunteer on one of our committees - development, outreach and advocacy or public lecture, to name a few.
- Make your future travel arrangements through [iGive.com](http://iGive.com) and a percentage of your travel costs will be donated to NCPF.
- Join Team NCPF in the Walk for Hope.

Visit us at [www.ncpsychoanalysis.org](http://www.ncpsychoanalysis.org) for details about any of these giving options.

### Discuss how you can help. Contact us!

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